

Dress Code

Among many things, the Mosaic Law shows us that God is a God of order and precision. There is something about scrupulosity and attention to detailed rules that trains God's people in self-discipline, order, unity, and causes a person to value and care about what they are doing. On a much smaller scale, this is in part of the heart behind our dress code.

The dress code exists to promote unity and professionalism in the classroom. Adherence to professionalism and dress code will be checked at the beginning of class, and will count toward a student earning Curtain Call.

- Leotard: cotton Capezio classic short sleeve, black for main class, maroon for division class.
- Skirt: simple black, cotton, knee length
- Tights: Bloch, matte, pink (not "light" or "ballet" pink)
- Technique Shoes: Bloch or Capezio, single elastic, full sole, pink leather
- Hair: tight hair bun at the crown of the head, with hair-colored net, all stray hairs gelled or sprayed back, bangs or short hairs clipped or pinned up
- Jewelry, etc: stud earrings are permissible, all other jewelry, wrist-bands, bows, décor, etc., should be left at home unless medically required.

Students should arrive to the building with their hair done, their leotard and tights on, a cover-up over the top, and their skirt and shoes in their ballet bag. Please arrive with enough time to take off cover-ups, put on skirt and shoes, and be prepared for class. The bathroom is reserved to be used as a restroom, not as a changing room. Ballet shoes should not be worn outside, and ballet attire is not intended as play clothes. Pedestrian shoes should remain outside the building except by special permission. Teachers are not responsible to help with hair before class.

Borrowed Attire and Equipment

We want to be good stewards of what God has given us, and we know ballet can be an expensive sport. The Attire Library is intended as a free attire exchange for any students to help manage ballet costs for ever growing children. If there is attire your child's size in the library, you are welcome to borrow it for the semester using the check-out chart, and return the attire at the end of the semester in good condition. A \$25 replacement fee will be given for lost or damaged Library attire. For those of you who bought your own attire, we welcome your donations to this growing library at the end of the semester! We are always looking to grow our library collection, so if the library does not have attire in your child's size, feel free to contact us and we may be able to purchase it for the library on your behalf.

All Ballet 31 and Division Class students will be given a strength-appropriate Theraband (strengthening resistance band) for at-home exercises. This Theraband is to be kept in good condition and returned at the end of the semester. A \$5 replacement fee will be given for lost or torn bands.

Attendance Policy

Students are expected to be fully present and on-time for class.

James says “a harvest of righteousness is sown in peace.” In order to maintain a righteous atmosphere in ballet, we want to harbor a backstage culture of peace, rather than hectic preparation. Students should arrive 10-15 minutes early to have ample time to peacefully get changed and prepared for class. If a student is late, they may enter the studio and sit quietly by the door until the current exercise is complete and the teacher calls them in.

Please notify the instructor if you are going to be absent. If you are sick, our policy is Matthew 7: “Do to others as you would have them do to you.” In case of dangerous weather, the studio may decide to cancel class. For the spring semester there is a make-up snow day for that purpose, however in the rare event that this were to happen in the Fall semester or twice in Spring, there are no additional make-up days or credits for cancelled or missed classes.

Parent Interaction

Students can often become distracted and have their attentions divided when their parent is in the room watching. However, we do want you to be involved in your child’s journey: both from a ballet perspective and a spiritual perspective. These important yet opposing priorities have led to this parent interaction policy.

Teachers will communicate with parents weekly through the email provided in registration, a “Signal” app messaging chat, and through the bulletin board. This weekly communication will include what was learned in class about the mind, body, and spirit, and will include extra exercises and questions to practice at home if desired.

Parents are welcome to sit quietly in the waiting area and listen in on what is happening in class. We ask that parents (and siblings) not peer between the walls, video, or photograph the class without prior teacher permission before that class for a specific purpose. There are two chairs inside the studio; if a parent would like to observe, they are welcome to, provided they enter the studio before class begins, remain seated for the duration of class, and follow the video/photography guidelines. Younger siblings are not permitted to enter the classroom without prior teacher consent. Please do not attempt to give ballet corrections during class.

The waiting area is for parents and siblings who are doing quiet reading, listening in on class, or other silent activities. Younger siblings or others who would like to talk or play more loudly are welcome to be outside, however parents are fully responsible for their children. We are not responsible for their safety or behavior. At parent’s discretion they are welcome to play on the playground, run in the field, or play in the creek, however they may not touch tools or equipment, nor meddle with things that are not theirs, and parents should know there are many cliffs, water hazards, in-progress construction etc. We are responsible for ballet instruction – not the safety or behavior of little siblings. If

children are unsupervised or meddling, we may ask that a parent be with them at all times.

For those who drop off their dancers, please pick up your dancer promptly after class ends.

Payment

Checks should be made out to "By the Book" and paid in full by the first day of class. The first student enrolled is full price, each additional student from the same family is another 25% off (eg. third child would be 50% off, fourth 75%, and if you have five children... then it's free from there!). Children are a blessing from God, and we want to make this sport possible for larger families as well.

Additional work exchanges and scholarships are available. Ballet is innately an expensive sport and we want to make it available to anyone who is willing to work hard.

Studio Policies

Lost and Found: If you lost it, you find it! There are many families that come through this property every week, and it is difficult for us to recognize items that have been lost. If we do clearly see something out of place, there is a lost and found area, but in general, if you lost it, you're welcome to come look for it. We are not responsible for lost or stolen items.

Bathroom: due to high demand, the bathroom is meant for those who need to use the restroom and not as a changing area. There is a curtain to the left of the bathroom if absolutely necessary to change after class or during an older sibling's prior class. But in general, please arrive and leave the studio with your leotard, tights, and hair ready, cover-ups on, and skirt and shoes in the bag.

Cleanliness: please clean up after yourself. Food, gum, and drinks are not permitted inside the studio (with the exception of water bottles for Division Class girls), but are cautiously allowed in the waiting area provided you clean up after yourself. Several students and teachers have food allergies: please be conscientious of crumbs.

Classroom Etiquette

Dancers are expected to complete every exercise to the best of their ability, anticipate and apply corrections immediately, and engage fully in the class as a gift to be treasured.

Please use the bathroom and sip water if needed before class so as not to disrupt during class.

In class, raise your hand before speaking (unless asked a direct question), and do not talk with others during class, as a quiet, focused atmosphere is essential for concentration and learning. Ephesians 4 tells believers to weigh their words before speaking. Before raising your hand, ask yourself: is this relevant to the whole class and to what we're doing?

Use equipment properly: no hanging or leaning on the barres, no touching or leaning on the walls or mirrors, put others first, and correct yourself – not others!

When class ends, take a moment to curtsy to your teacher and say thank you before exiting the studio.

We welcome your feedback! At least once throughout the semester, the teacher will aim to touch base with each family individually to hear what is working and what isn't, but we welcome your encouragements, critiques, or ideas any time.

We look forward to having you join us in another year of Biblical Ballet.